REGISTER NOW:

ADULT MENTAL HEALTH FIRST AID TRAINING

Cost per participant: $24 (FREE for Mississippi residents)

MENTAL HEALTH FIRST AID USA

MENTAL HEALTH
First Aid Training

Mental Health First Aid is a skills-based training that teaches participants how to better identify, understand, and respond to signs of mental health disorders and crises in their communities.

Topics include: depression, anxiety, substance use disorders, psychosis, eating disorders, and suicidal ideations and behaviors.

Mental Health First Aid virtual courses begin with a 2-hour self-paced, online course that First Aiders (participants) complete in the Mental Health First Aid Learning Management System, Cornerstone.

Next, the course ends with an interactive virtual 4.5 hour Instructor-led session.

Intended Audience:
Adults 18 years of age and older

WEDNESDAY, MARCH 10, 2021, 8AM – 1PM CT

WEDNESDAY, MARCH 24, 2021, 11AM – 5PM CT

**Participants only need to attend one of the above training dates.*

Register at agrisafe.org

This material is based upon work that is supported by the National Institute of Food and Agriculture, U.S. Department of Agriculture Southern Farm and Ranch Stress Assistance Network Program, under award number 2019-70028-30434

SPONSORED BY:

MISSISSIPPI STATE UNIVERSITY™ EXTENSION

PROMISE
PREVENTING OPIOID MISUSE IN THE SOUTHEAST

AgriSafe® Network
Protecting the People Who Feed the World