

REGISTER NOW: ADULT MENTAL HEALTH FIRST AID TRAINING

Cost per participant: \$24 (FREE for Mississippi residents)



MENTAL
HEALTH
FIRST AID®

MENTAL HEALTH *First Aid Training*

Mental Health First Aid is a skills-based training that teaches participants how to better identify, understand, and respond to signs of mental health disorders and crises in their communities.

Topics include: depression, anxiety, substance use disorders, psychosis, eating disorders, and suicidal ideations and behaviors.

Mental Health First Aid virtual courses begin with a 2-hour self-paced, online course that First Aiders (participants) complete in the Mental Health First Aid Learning Management System, Cornerstone.

Next, the course ends with an interactive virtual 4.5 hour Instructor-led session.

Intended Audience:
Adults 18 years of age and older

TUESDAY, NOVEMBER 3, 2020, 12:30PM–5PM CT

THURSDAY, NOVEMBER 12, 2020, 8AM–12:30PM CT

WEDNESDAY, DECEMBER 9, 2020, 8AM–12:30PM CT

**Participants only need to attend one of the above training dates.*

REGISTER HERE



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PROMISE

PREVENTING OPIOID MISUSE IN THE SOUTHEAST



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